



The Happiness Bank

The 92-year-old, petite, well-poised and proud lady, who is fully dressed each morning by eight o'clock, with her hair fashionably coiffed and makeup perfectly applied, even though she is legally blind, moved to a nursing home today.

Her husband of 70 years recently passed away, making the move necessary. After many hours of waiting patiently in the lobby of the nursing home, she smiled sweetly when told her room was ready.

As she maneuvered her walker to the elevator, I provided a visual description of her tiny room, including the eyelet sheets that had been hung on her window.

"I love it," she stated with the enthusiasm of an eight-year-old having just been presented with a new puppy.

"Mrs. Jones, you haven't seen the room just wait."

"That doesn't have anything to do with it," she replied. "Happiness is something you decide on ahead of TIME. Whether I like my room or not doesn't depend on how the furniture is arranged... it's how I arrange my mind.

"I already decided to love it. It's a decision I make every morning when I wake up. I have a choice; I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the ones that do.

Each day is a gift, and as long as my eyes open I'll focus on the new day and all the happy memories I've stored away just for this TIME in my life.

So, my advice to you would be to deposit a lot of happiness in the bank account of memories.

Thank you for your part in filling my Memory bank. I am still depositing."

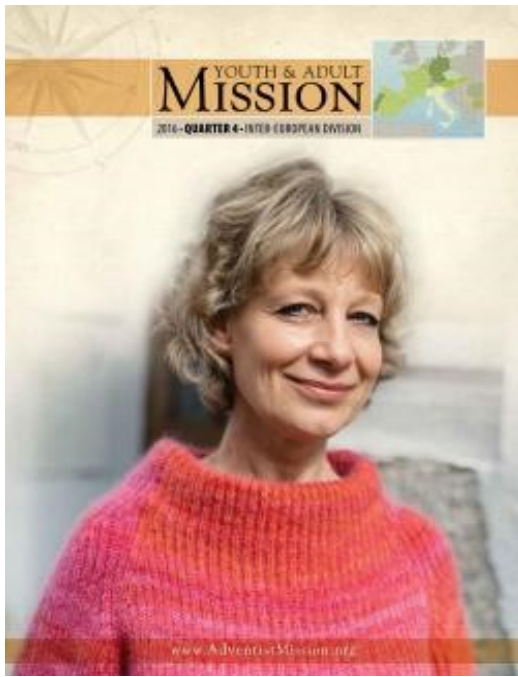
Remember the five simple rules to be happy:

- 1. Free your heart from hatred.**
- 2 Free your mind from worries.**
- 3. Live simply.**
- 4. Give more.**
- 5. Expect less**

--Author Unknown

10 things that require zero talent

- | | |
|------------------|--------------------|
| 1. Being on time | 6. Attitude |
| 2. Work ethic | 7. Passion |
| 3. Effort | 8. Being coachable |
| 4. Body language | 9. Doing extra |
| 5. Energy | 10. Being prepared |



Sabbath School Missions for 4th Quarter 2016 –

Submitted by: Kay Cheser

This quarter we feature the Inter-European Division. More than 336 million people live in the Inter-European Division, but only 178,380 are Seventh-day Adventists, a ratio of about one Adventist for every 1,800 people.

This quarter we have several human interest stories featuring individuals who have overcome various obstacles and whose lives have been positively changed through friendships they have made with Seventh Day Adventists.

It will be interesting to hear stories of how Adventist churches in Europe have been reaching out to and ministering to many refugees flooding in from the Middle East.

One Adventist pastor said about this development, “I used to wonder how we would ever reach people in the Middle East, but now they are coming to us!”

It will be a joy to hear the stories of some of the refugees, and to imagine the joy in their hearts, as they share their stories of how the Seventh-day Adventist Church has made such an important difference in their lives.

The Thirteenth Sabbath Offering this quarter will help to build a new church in Vienna, Austria for an international Adventist congregation; a Jewish- Adventist friendship center in Paris, France; an Adventist church in Ragusa ,Italy; and a unique outreach program for children and youth in Romania.

Some of the story titles that we will hear this quarter include:

1. *Refugee of Love*
2. *“I Feel Safe Now”*
3. *Handwritten Notes*
4. *A Place to Call Home*
5. *Sleeping with Beavers*
6. *Part of a Plan*
7. *Fully Engaged*
8. *A Son of a Shaman*
9. *An Undeniable Call, Part 1*
10. *An Undeniable Call, Part 2*
11. *An Undeniable Call, Part 3*
12. *Live to a 10+, Part 1*
13. *Live to a 10+”, Part 2*
14. Special Sabbath School Program

OPPORTUNITIES

THE THIRTEENTH SABBATH OFFERING THIS QUARTER WILL GO TO HELP FUND:

- A NEW BUILDING FOR THE INTERNATIONAL SEVENTH-DAY ADVENTIST CHURCH IN VIENNA, AUSTRIA.
- A JEWISH-ADVENTIST FRIENDSHIP CENTER IN PARIS, FRANCE.
- AN ADVENTIST CHURCH IN RAGUSA, ITALY.

MISSION POST:

- THE AUSTRIAN UNION OF CHURCHES HAS 50 CHURCHES AND 4,135 CHURCH MEMBERS.
- IN 1895 L. R. CONRADI CONDUCTED THE FIRST ADVENTIST BAPTISMAL SERVICE IN AUSTRIA-HUNGARY AT KLAUSENBURG.
- THE YEAR 1902 MARKS THE BEGINNING OF SDA MISSIONARY WORK IN VIENNA BY H. KOKOLSKY, A WELL-KNOWN SCULPTOR AT THE TURN OF THE CENTURY WHO HAD BEEN BAPTIZED BY G. PERK IN GERMANY.
- IN 1909 THE FIRST NATIVE AUSTRIAN SEVENTH-DAY ADVENTIST MINISTER, FRANZ GRUBER, WAS ORDAINED IN VIENNA.

PASTOR'S CORNER

[Jesus] said to them, "Come with me by yourselves to a quiet place and get some rest." Mark 6:31

The alarm clock goes off. Too early, it seems. But you have a long day ahead. You have work to do, appointments to keep, people to care for, or all this and more. Well, you are not alone. Each day, many of us rush from one matter to another. As someone has wittily suggested, "That's why we are called the human race."

When the apostles returned from their first mission trip, they had a lot to report. But Mark did not record Jesus's evaluation of the disciples' work; rather, he focused on His concern that they rest awhile. Jesus said, "Come with me by yourselves to a quiet place and get some rest" (6:31).

Lord, I thank You today for all You have given me to do.

Ultimately, we find true rest through recognizing the presence of God and trusting Him. While we take our responsibilities seriously, we also recognize that we can relax our grip on our work and careers, our families and ministry, and give them over to God in faith. We can take time each day to tune out the distractions, put away the tense restlessness, and reflect in gratitude on the wonder of God's love and faithfulness.

So feel free to stop and take a breath. Get some real rest.

Lord, I thank You today for all You have given me to do. Help me to truly rest in You—physically, emotionally, and spiritually.

We do not rest because our work is done; we rest because God commanded it and created us to have a need for it.

INSIGHT:

When Jesus asked His disciples to go to a quiet place and rest (Mark 6:31), He was telling them to do something that He had often done with them. Jesus had withdrawn with His disciples to the lake (2:13; 3:7) or up on the mountain (3:13). Jesus was also in the habit of withdrawing from the crowds to a solitary place to rest and to spend time talking with His Father (Matt. 14:13,23; 26:36; Mark 1:35; 6:46; Luke 4:42; 6:12; John 6:15). The gospel of Luke tells us, "Jesus often withdrew to lonely places and prayed" (5:16).



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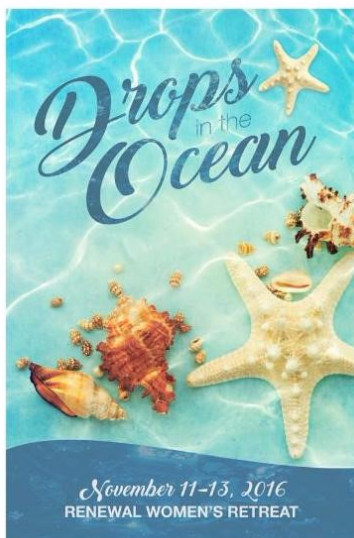
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Clanton Seventh-day Adventist Church
401 North 18th Street
Clanton, AL 35045

Major Leak repairs done at the Clanton SDA Church.

For years now we have been having leaking problems in the basement. Different individuals tried so many things over the years. Finally we found Alabama Landscape Creations from Jemison that came and presented his solution to the Church board in July. Since then the complete drainage system has been redone, new gutters and downspouts have been replaced. Carpets have been replaced in all the carpeted areas that were affected by the continuous leaks every time it rained including the Cradleroll Sabbath School room, the Kindergarten rooms and the Hispanic Church meeting room. Now we need everyone's help. The Church obtained a loan to cover all these repairs and need everyone to turn in money each month to be able to pay back the loan. Hopefully it won't take us the 10 years that we got the loan for, it would be nice to have this paid off long before then, but it will take every church member giving as much as they are able each month.



We invite you to join us at the Autumn Renewal Women's Retreat, November 11-13, 2016. Women's Ministries

The Autumn Renewal Retreat will take place at the beautiful Perdido Beach Resort. Come be a part of this wonderful spiritual retreat and learn more about Jesus. He yearns to show you that you are completely and perfectly loved by Him. Come and enjoy Christian fellowship, delicious food, powerful prayer, and a more fulfilled walk with Jesus.

Our speaker: *Lindsey Gendke* - is a wife, mother, and writer whose passion is sharing God's redemptive work in messy lives. Lindsey tells her own story of redemption in her two books, *The Hidden Half of the Gospel: How His Suffering Can Heal Yours*, and her memoir, *Ending the Pain: A True Story of Overcoming Depression*. A former English major, Lindsey has also taught English at the high school and college levels. Currently, Lindsey lives in Missouri with her husband and two sons and blogs at www.lindseygendke.com.

Musical Guest: *Katherine Szamko-Bowes* - Katherine (pronounced Kathreen) was born and raised in Calgary, Alberta, Canada. She has performed throughout Canada, the United States and Europe. Television appearances include *The Quiet Hour*, *It Is Written Television* (Canada), and *3ABN: The 3 Angels Broadcast Network*. In 2013, Katherine was Hope Channel's featured artist for *My Story, My Song*. Katherine writes much of her own music based upon her life experiences. It is her desire to communicate the love of God by sharing her testimony through song. Katherine and her husband, Scott, have two daughters, Ashley and Amber, grades 11 and 9, who play cello, violin and piano.

(Retreat fee \$139 (meals included) - Retreat One-day fee \$59 (includes Sabbath lunch and dinner) - Resort Accommodations \$89 per night call 1-800-634-8001 - To register for the conference at: women's ministries <aprilhobbs@live.com> or call (800) 732-7587)

October Birthdays

- 2 - Olivia Clark
- 4 - Sylvia Newell
- 8- Gary Linkous
- 12- Mathew Stewart
- 21- Gary Boggus
- 25 - Bill Wiese

Happy, Happy Birthday to everyone this month.

Anniversary
8 - Matthew & Sheryl
Stewart



Last months picture: Yes that was Daddy when he was in the US Army. Now this is going back also it said to 1984. I remember when we helped build their house. By then they had a little boy also. In the last couple years she got cancer and died. He lives up in the Collegedale area and has a church at Ooltewah. My cousin Tommy Klinner is best friends with him. Until next month. Brenda

Calendar of Events

- Weekly:** Prayer Meeting: Tuesdays at 6:00 PM -
Jail Ministry: Sundays 6:30pm at the Clanton Jail
- Monthly: Each Sabbath after Fellowship meal:**
Sabbath School Visitation: 1st Sabbath
Nursing Home Visitation: 4th Sabbaths

One Time: A Special Singing group will be at the Clanton Church Friday night the 14th of October @ 7:00 PM.. Their songs are about Doctrines. More info to follow from Treva Radford as we get more..

Tentative Speaker Schedule: Oct 1 - Pastor Rodriguez; 8 - Jerome Edmeade (Heritage Sabbath); 15 - Ted Winslow; 22 - Pastor Rodriguez, 29 - Elder M. Fancher



A little girl was holding two apples; her mother asked for one. The girl quickly bit one apple, and then the other. Her mother held back her disappointment. Then the girl handed one to her saying: "Here, this is the sweetest one.": Moral: Never Judge.....



For those of you that were at the Clanton SDA Church on Sabbath September 24, 2016, you know what I mean about receiving a blessing. The Sabbath School Lesson Study for the last of this quarter was on How Shall We Wait? Becky Owens wife of Pastor Larry Owens of Panama City SDA Church led us in our study and everyone participated with wonderful comments and answers. Her main thought that she repeated several times was: How we wait - While we are waiting - Tells us who we are waiting for. Makes you really think. Our Lord is coming back; that we know. The crucial issue for us is: What are we doing while we wait? On that answer hangs the destiny of souls.

The Church service with Larry & Becky telling the story of their healing was wonderful also. We are so blessed to have a God that answers prayers and gives healing to those that believe in his plan for their lives whatever the outcome.

Happiness is something we create in our mind, It's not something you search for. It's just waking up and beginning the day. By counting our blessings and kneeling to pray. It's giving up thoughts that breed discontent. And accepting what comes as a "gift heaven sent". It's giving up wishing for things we have not, And making the best of whatever we've got. It's knowing that life is determined for us, And pursuing our tasks without fret, fume, or fuss. For it's by completing what God gives us to do, That we find real contentment and happiness too.

Submitted by: Julia

YOUR TRANSACTION IS BEING PROCESSED

Today I set my foot to the bank by the ATM to get some cash because I dearly needed the money.

As I started to transact, the ATM showed me an inscription which said; Please insert your card.

Likewise I did insert the card. And then another message came-please enter your pin code. Which I did. Another message came ...select the amount, I did that too. After I had done all this...the ATM showed me a message in BOLD letters. YOUR TRANSACTION IS BEING PROCESSED, PLEASE WAIT !

Allow me to say...likewise, you have done all these things, you have prayed, you have fasted, you have even asked others to pray with you and for you but it seems as if nothing is happening in your life. Allow me to say to you, wait patiently don't give up, don't move because your request is being processed. WAIT!

Let me tell you ..What made me wait is because my card was already in the ATM machine, I had already entered my pin code. If I give up now and walk away.....Lord have Mercy... The next person will get all that I had requested. Not because your messages aren't heard, not because your prayers are irrelevant, not because your fasting is meaningless.....but because YOUR TRANSACTION IS BEING PROCESSED

Wait and murmur not. Do not think you were born to suffer.. Your prayers are being processed. Wait upon the Lord. I know it's not easy but I encourage you ..WAIT!! ...as mentioned in Isaiah 40:31 but they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

YOUR TRANSACTION IS BEING PROCESSED PLEASE WAIT

Have a Blessed day and please share and encourage others may the Lord Bless you Abundantly.

Shared with us by Bob Ernest

Websites Bill Weise has set up & would like special prayer about the responses from these sites.

www.stepsupward.org www.eqwhiteclassicquotes.org <http://www.grandmastidbits.org>

We have a website!! <http://clantonsda.org/>, Tony Plier has posted sermons, music & a lot of info, look under Newsletters to find this publication on line each month. Tony has made it so all the 2015 ones are together and all the 2016 editions are together. Also a Face Book page has been set up for the Clanton Sda church, log on and find information posted there regularly. Thanks for communicating and sharing what you want to put in the Newsletter each month. Don't forget it is YOUR/OUR newsletter... let's share each month. Thanks to those that do regularly. Let me know if you don't want to get one anymore, via email or US Mail. Brenda

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To: «AddressBlock»