



He that loveth not knoweth not God: for God is love. I John 4:8. If we have love in our hearts we will live like we do. Do we show it often enough? **If not this is the month to show LOVE more.**

### If We So Lived

If we so lived each moment As though it were our last,  
This life would be a song, It's loveliness unsurpassed.  
For who would bear false witness, Bring on himself disgrace,  
If he knew on the morrow His maker he would face?  
No one would choose to die With gossip on his lips;  
Instead, a man would savor Life's cup in prolonged sips.  
All wars would be outmoded, For who would dare to kill,  
With feet upon the threshold Of God's fair domicile.  
Each one would practice loving His neighbor as himself;  
Not one small thought would go To gain of pomp or self.  
No barriers would exist Of race or creed or cast,  
If we so lived each moment As though it were our last.

Emily Carey Alleman

### A Prayer for Every Day

Make me too brave to lie or be unkind.  
Make me too understanding, to mind  
The little hurts companions give, and friends,  
The careless hurts that no one quite intends.  
Make me too thoughtful to hurt others so.  
Help me to know  
The inmost hearts of those for whom I care,  
Their secret wishes, all the loads they bear,  
That I may add my courage to their own.  
May I make lonely folk feel less alone,  
And happy ones a little happier yet.  
May I forget  
What ought to be forgotten; and recall  
Unfailing, all  
That ought to be recalled, each kindly thing,  
Forgetting what might sting.  
To all upon my way,  
Day after day,  
Let me be joy, be hope! Let my life sing! :  
Mary Carolyn Davies:

## WHO'S Packing Your Parachute?



Charles Plumb was a US Navy jet pilot in Vietnam. After 75 combat missions, his plane was destroyed by a surface-to-air missile. Plumb ejected and parachuted into enemy hands. He was captured and spent 6 years in a communist Vietnamese prison. He survived the ordeal and now lectures on lessons learned from that experience.

One day, when Plumb and his wife were sitting in a restaurant, a man at another table came up and said, "You're Plumb! You flew jet fighters in Vietnam from the aircraft carrier Kitty Hawk. You were shot down!"

"How in the world did you know that?" asked Plumb.

"I packed your parachute," the man replied. Plumb gasped in surprise and gratitude. The man pumped his hand and said, "I guess it worked!" Plumb assured him, "It sure did. If your chute hadn't worked, I wouldn't be here today."

Plumb couldn't sleep that night, thinking about that man. Plumb says, "I kept wondering what he might have looked like in a Navy uniform: a white hat, a bib in the back, and bell-bottom trousers. I wonder how many times I might have seen him and not even said Good morning, how are you?" or anything because, you see, I was a fighter pilot and he was just a sailor."

Plumb thought of the man hours the sailor had spent on a long wooden table in the bowels of the ship, carefully weaving the shrouds and folding the silks of each chute, holding in his hands each time the fate of someone he didn't know.

Now, Plumb asks his audience, "Who's packing your parachute?" Everyone has someone who provides what they need to make it through the day. Plumb also points out that he needed many kinds of parachutes when his plane was shot down over enemy territory—he needed his physical parachute, his mental parachute, his emotional parachute, and his spiritual parachute. He called on all these supports before reaching safety.

Sometimes in the daily challenges that life gives us, we miss what is really important. We may fail to say hello, please, or thank you, congratulate someone on something wonderful that has happened to them, give a compliment, or just do something nice for no reason.

As you go through this week, this month, this year, recognize people who pack your parachute.

## Jesus is Love, he wants us to choose our actions based on his word. "What would Jesus Do" ?

**A Little Leaven** (Adapted from David Kirkwood) The two teenagers asked their father if they could go to the theater to watch a movie that all their friends had seen. After reading some reviews about the movie on the internet, he denied their request

"Aw dad, why not?" they complained. "It's rated PG-13, and we're both older than thirteen!"

Dad replied, "Because the movie is inappropriate and portrays sin, which is something that God hates, as being normal and acceptable behavior."

"But Dad," the girls responded, "those are just very small parts of the movie! That's what our friends who've seen it have told us. The movie is two hours long and those scenes are just a few minutes of the total film! It's based on a true story, and good triumphs over evil, and there are other redeeming themes like courage and self-sacrifice. Even the Christian movie review websites say that!"

"My answer is 'no', and that is my final answer. You are welcome to invite some of your friends over tonight and watch one of the good videos we have in our home collection. But you will not go and watch that film. End of discussion."

The two teenagers walked dejectedly into the family room and slumped down on the couch. As they sulked, they were surprised to hear the sounds of their father preparing something in the kitchen. They soon recognized the wonderful aroma of brownies baking in the oven, and one of the teenagers said to the other, "Dad must be feeling guilty, and now he's going to try to make it up to us with some fresh brownies. Maybe we can soften him with lots of praise when he brings them out to us and persuade him to let us go to that movie after all!"

The teens were not disappointed. Soon their father appeared with a plate of warm brownies, which he offered to his kids. They each took one. Then their father said, "Before you eat, I want you to know something. I love you both so much." The teenagers smiled at each other with knowing glances. Dad was softening. "That is why I've made these brownies with the very best ingredients. I've made them from scratch. Most of the ingredients are even organic. The best organic flour. The best organic sugar. Organic, unrefined coconut oil. Premium vanilla and carob.

The brownies looked mouth-watering, and the teens began to become a little impatient with their dad's long speech. "But I want to be perfectly honest with you. There is one ingredient I added that is not usually found in brownies. I got that ingredient from our own backyard. But don't worry, I only added that tiniest bit of that ingredient to your brownies. The amount of the portion is practically insignificant. So go ahead, take a bite and let me know what you think."

"Um, Dad," the teens responded, "would you mind telling us what the mystery ingredient is *before* we eat?"

"Why? The portion I added was so small. Just a spoonful. You won't even taste it!"

"Come on, Dad! Just tell us what the ingredient is."

"Don't worry about it! It's organic just like the other ingredients."

"Dad!"

"Alright, alright! Fine. The secret ingredient is. . . organic. . . dog poop."

Both teens instantly dropped their brownies back on the plate and began inspecting their fingers with horror. "DAD! Why would you do that! You've tortured us by making us smell those brownies cooking for the last half hour, and now you tell us that you added *dog poop*? We can't eat these brownies!"

"Why not? The amount of is very small compared to the rest of the ingredients. It won't hurt you. It's been cooked right along with the rest of the ingredients. You won't even taste it. It has the same consistency as the brownies. Go ahead and eat!"

"NO! We can't!"

"Well that's the same reason I won't allow you to go to watch that movie. You won't tolerate a little dog poop in your brownies, so why should you tolerate a little sin in your movies? We pray that God will not lead us into temptation, so how can we in good conscience, entertain ourselves with something that will imprint a sinful image in our minds that will lead us into temptation long after we see it? Sin is like leaven- a little bit leavens the whole lump."

1 Corinthians 5:6-7

This was the children's story last Sabbath. We all enjoyed it very much when Madison Chishon presented it. I thought parents would appreciate the advice to share with their teenagers also we adults can learn something about what we watch also, good advice for everyone. Hope you enjoy as much as we did. Reading it just doesn't put that personal touch that Madison had when she was reading it to us!!!

# PASTOR'S CORNER

**Jesus is Love - but have you ever tasted him, a new concept to think about.**

This is so worth reading. It seems the world is full of "educated" people. I will probably think of this every time I eat an apple now, which is a good thing..... **TASTE MY JESUS -**

At the University of Chicago Divinity School each year they have what is called 'Baptist Day.' On this day each one is to bring a lunch to be eaten outdoors in a grassy picnic area. Every 'Baptist Day' the school would invite one of the greatest minds to lecture in the theological education center.

One year they invited Dr. Paul Tillich. Dr. Tillich spoke for two and one-half hours proving that the resurrection of Jesus was false. He quoted scholar after scholar and book after book. He concluded that since there was no such thing as the historical resurrection the religious tradition of the church was groundless, emotional mumbo-jumbo, because it was based on a relationship with a risen Jesus, who, in fact never rose from the dead in any literal sense. He then asked if there were any questions. After about 30 seconds, an old, dark skinned preacher with a head of short-cropped, woolly white hair stood up in the back of the auditorium. 'Docta Tillich, I got one question,' he said as all eyes turned toward him. He reached into his sack lunch and pulled out an apple and began eating it.

'Docta Tillich.. CRUNCH, MUNCH 'My question is a simple question,... CRUNCH, MUNCH... 'Now, I ain't never read them books you read...CRUNCH, MUNCH..' and I can't recite the Scriptures in the original Greek.... CRUNCH, MUNCH...' I don't know nothin' about Niebuhr and Heidegger... CRUNCH, MUNCH. He finished the apple. 'All I wanna know is: This apple I just ate, . . . was it bitter or sweet?

Dr Tillich paused for a moment and answered in exemplary scholarly fashion: 'I cannot possibly answer that question, for I haven't tasted your apple.'

The white-haired preacher dropped the core of his apple into his crumpled paper bag, looked up at Dr. Tillich and said calmly, '**Neither have you tasted My Jesus.**'

The 1,000 plus in attendance could not contain themselves. The auditorium erupted with applause and cheers. Dr. Tillich thanked his audience and promptly left the platform.

**Have you tasted Jesus?** Jesus has risen... and He's coming back one day.. Taste and see that the LORD is good; blessed is the man who takes refuge in Him. If you have, rejoice in the hope of the resurrection that your faith in Him brings. Psalm 34:8



Pastor Dan Thompson & wife Linda email: bushpilot1212@gmail.com Phone:907-750-7851

**Head Elder**, Robert (Bob) Ernest -205-280-1297 Email: RobertE699@aol.com

**Assistant Head Elder**, Linkous, Gary - 256-377-2244 Email:flink0839@gmail.com

*Clanton Seventh-day Adventist Church  
401 North 18th Street  
Clanton, Al 35045*

**Cooking Classes at the Jemison Municipal Complex:** "Cooking schools are to be held. The people are to be taught how to prepare wholesome food." *Counsels on Diet and Foods*, 469 -

**God is Love - He wants us healthy!**

A series of cooking classes were held at the Jemison Municipal Complex every Sunday in January from 2 PM until 4 PM. These four classes were a combined effort of Women's Ministries and the Health and Temperance department. Class attendees found out about the classes from word of mouth, facebook, the church bulletin, local radio stations, and the *Clanton Advertiser*. Week after week ladies and a dedicated young gentleman from the community enthusiastically joined us. Six guests even had perfect attendance!

At the beginning of each class Pastor Daniel Thompson gave our guests a warm welcome and encouraged them to make healthy choices. After prayer, Treva Radford led out with a health talk that covered various aspects of nutrition and the benefits of a plant-based diet. Then the cooking class attendees were treated to cooking demonstrations and samples of delicious, wholesome plant-based treats. Madison Chrishon, Kathy Lide, Judy Peck, Treva Radford, and Linda Thompson led out with the cooking demonstrations.

The theme for class one was healthy breakfasts. Attendees enjoyed waffles, biscuits, unsausage, and scrambled tofu. The theme for class two was meatless entrees, and the group sampled scrumptious mac and cheese, vegetarian pot roast, burger delight, cornbread, tortilla casserole, and special "T" loaf. The theme for class three was soups, salads and sandwiches. We had the opportunity to taste homemade pita bread stuffed with eggless "egg" salad, lettuce and tomato, oat burgers, corn chowder, white chili and Zupa Toscana soup. The food at class three was so delicious many were probably wondering how class four could top class three and what it would hold in store for them. The ladies didn't let us down. Class four was the "icing on the cake"--desserts. Yum!!! We enjoyed watching the ladies demonstrate cheesecake, lemon pie, butterscotch pie, coconut whipped topping, fluffy carob cake, and almond "Hershey" bars. If your mouth is watering, but you missed the classes, please contact Kay Cheser so she can help you obtain copies of the recipes.

The Lord blessed, and we had a great time learning, eating and fellowshiping with each other. We received lots of positive feedback from our community guests, and many expressed an interest in being informed about future events. A few guests let us know they have already been trying out recipes from the class at home with their families.

"The work of health reform is the Lord's means for lessening suffering in our world and for purifying His church. Teach the people that they can act as God's helping hand, by cooperating with the Master Worker in restoring physical and spiritual health. This work bears the signature of Heaven, and will open doors for the entrance of other precious truths. There is room for all to labor who will take hold of this work intelligently."

*Counsels on Diet and Foods*, 456

There was certainly room for all who wanted to labor and help during the cooking classes. "Now there are diversities of gifts, but the same Spirit" (I Corinthians 12:4). Everyone cheerfully used their gifts to help the cooking classes be successful. Some used their gifts in order to help plan and organize the cooking classes. Others used their gifts and helped greet the guests and get them registered. Still others used their gifts and worked behind the scenes securing the location for our classes, copying and organizing cooking class materials, inviting family and friends to the classes, setting up before class, cleaning up after class, mingling with and following up with class attendees, and praying for the classes and for our guests. Thank you to everyone who had a small or large part to play in the success of the cooking classes. A special thanks to our junior helpers, Donna P, Kelaiah and Samuel, for faithfully serving samples during the classes.

"The Lord would have a knowledge of diet reform imparted to the people of God. It is an essential part of the education to be given in our schools. As the truth is presented in new places, lessons should be given in hygienic cookery. Teach the people how they may live without the use of flesh meats. Teach them the simplicity of living. The Lord has been working, and is still working, to lead men to prepare from fruits and grains, foods more simple and less expensive than many of those that can now be obtained. Many cannot obtain these expensive food preparations, yet they need not necessarily live upon an impoverished diet. The same God who fed the thousands in the wilderness with bread from heaven will give to His people today a knowledge of how to provide food in a simple manner." *Counsels on Diet and Foods*, 268

by: Anika Chrishon

- see pictures on next page.

# Reminiscing Corner

## February Birthdays

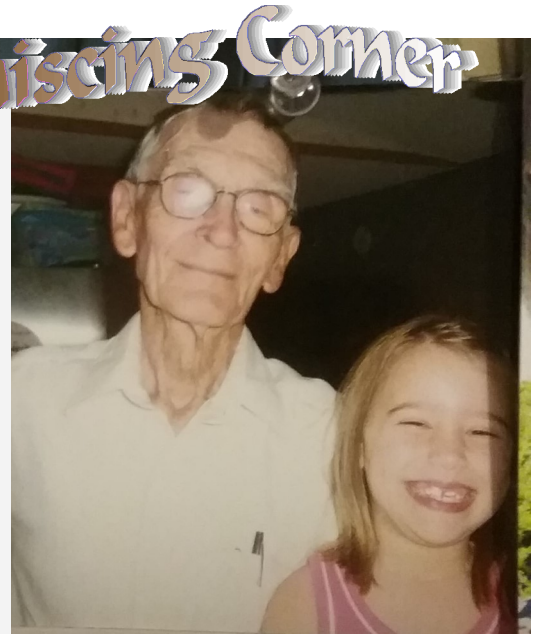
- 1 - Holly Boggus
- 5 - Terry Cheser
- 7 - Kelaiah Radford
- 10 - Tony Plier
- 12 - Carol Fortuna
- 15 - Gary Ernest
- 19 - Laurie Ernest
- 25 - Cameron Higgins, Anthony-Joseph Chrishon (2014)
- 26 - Jimmy Powers, Jim Higgins
- 28 - Madison Chrishon

## Anniversaries

- 1st: Gary & Laurie Ernest
- 15th - Donald & Holly Boggus

Happy, Happy Birthday and Pray that you are blessed with many more. If I don't have your special day, let me know. Brenda

Who knew our picture from last month was Joe Bray? How many of you were here when this man was, this is his great grand daughter. He died 9/21/2012. Have a good month and looking forward to hearing from each of you with something to contribute. Thanks, Brenda



**Tentative Speaker Schedule:** February: 2, Tui Pitman; 9, Pastor; 16, Stan Hobbs; 23, Pastor Streaming; March 2, Pastor; March 9, Tedd Casey; March 16, Ted Winslow; March 23, Lary Petty; March 30, Pastor--Communion

Church service every **Sabbath at 11:00** at the Maplesville Train Depot. Please feel welcome to come & join us. Shawn Smith - Pastor for the Selma/Sylacauga Churches

**Mobile Food Bank—Monday, March 25 @ 7:30 am** for those needed to get ready for the crowd that will be coming later.

## Pictures from the Cooking school held 4 Sundays in January at the Jemison Municipal Auditorium



**Group Picture of everyone that presented, helped & attended. There were 13 regular attendees including those that came once or twice. People are laughing and enjoying themselves. Baking Pita bread in the oven, class presentation with group.**



Today in the Grocery store and suddenly there was the noise of things breaking. I walked down the aisles and saw that some people were talking softly together. When I walked down their aisle, I saw a group of people staring at them. An older lady had hit the shelf containing plates and glasses with her cart and many had fallen to the ground and broken.

Kneeling on the floor embarrassed, the old lady was frantically picking up the shattered pieces, while her husband peeled off the bar code from each broken dish saying:

See!!! Now we will have to pay for all this.

What a sad scene. Someone had a mishap, and all eyes were on her. When I knelt beside her to tell to her not to worry, a young man came and knelt beside us and said:

- Leave it there, we will pick this up. Let's get your information, so you can go to the hospital and have that wound in your hand looked at.

The lady looked at him, embarrassed and said:

- I can't, I have to pay for all this.

The young man said:

- No maam, We have insurance for this kind of loss, and you do not have to pay anything.

When the young man got up, I could see that he had the information for the supermarket manager and sent the customer to get checked out.

-----  
If you would, please give me a minute. Close your eyes, and imagine God doing the same for you!

Collecting the pieces of your broken heart for all the blows that life has thrown at you. , God will heal all your wounds and I assure you that your sins and mistakes will be forgiven.

There is a warranty called grace, that when you recognize that you have done wrong and you accept God as your only Savior, the manager of the existence of the universe (GOD) will tell you: **"Everything is already paid for ... go on your way, go! God is Love!** Contributed by Kay Suddeth—She got this from Facebook and shared with us.

- ◆ Websites Bill Weise has set up & would like special prayer about the responses from these sites.  
[www.steppingupward.org](http://www.steppingupward.org) [www.egwhiteclassicquotes.org](http://www.egwhiteclassicquotes.org) <http://www.grandmastidbits.org>
- ◆ We have a website!! **UPDATED - Church Website: <https://www.clantonsda.com/>** Tony Plier has posted sermons, music & a lot of info, look under Newsletters to find this publication on line each month. Tony has made it so the previous couple years are there also. If you get an online version and want a hard copy or if you don't want to get the Newsletter, Let me know. Thanks, Brenda

**Return Address:**

**Brenda K Davis**  
**187 County Rd 313**  
**Stanton, AL 36790**



**To:**      «AddressBlock»