

**AUGUST 2023**

Why go to Church?

If you're spiritually alive, you're going to love this! If you're spiritually dead, you won't want to read it. If

you're spiritually curious, there is still hope!



A Church goer wrote a letter to the editor of a newspaper and complained that it made no sense to go to church every Sunday. 'I've gone for 30 years now,' he wrote, 'and in that time I have heard something like 3,000 sermons. But for the life of me, I can't remember a single one of them. So, I think I'm wasting my time and the pastors are wasting theirs by giving sermons at all.'

This started a real controversy in the 'Letters to the Editor' column, much to the delight of the editor. It went on for weeks until someone wrote this clincher: 'I've been married for 30 years now. In that time my wife has cooked some 32,000 meals. But, for the life of me, I cannot recall the entire menu for a single one of those meals. But I do know this .. They all nourished me and gave me the strength I needed to do my work. If my wife had not given me these meals, I would be physically dead today. Likewise, if I had not gone to church for nourishment, I would be spiritually dead today!' When you are DOWN to nothing .... God is UP to something! Faith sees the invisible, believes the incredible and receives the impossible! Thank God for our physical AND our spiritual nourishment!

*Let the world know you as you are, not as you think you should be, because sooner or later, if you are posing, you will forget the pose, and then where are you? ~Fanny Brice*

Look back and thank God.  
Look forward and trust God.  
Look around and serve God.  
Look within and find God!

## Five Finger Prayer



1. **Your thumb** is nearest you. So begin your prayers by praying for those closest to you. They are the easiest to remember. To pray for our loved ones is, as C. S. Lewis once said, a "sweet duty."
2. The **next finger** is the pointing finger. Pray for those who teach, instruct and heal. This includes teachers, doctors, and ministers. They need support and wisdom in pointing others in the right direction. Keep them in your prayers.
3. The **next finger** is the tallest finger. It reminds us of our leaders. Pray for the president, leaders in business and industry, and administrators. These people shape our nation and guide public opinion. They need God's guidance.
4. The **fourth finger** is our ring finger. Surprising to many is the fact that this is our weakest finger, as any piano teacher will testify. It should remind us to pray for those who are weak, in trouble or in pain. They need your prayers day and night. You cannot pray too much for them.
5. And lastly comes our **little finger** - the smallest finger of all which is where we should place ourselves in relation to God and others. As the Bible says, "The least shall be the greatest among you." Your pinkie should remind you to pray for yourself. By the time you have prayed for the other four groups, your own needs will be put into proper perspective and you will be able to pray for yourself more effectively.

## Faith and Prayer

Heaven's storehouse is  
Full of God's love  
And faith is the key That unlocks its doors  
While prayer is the vehicle  
By which these blessings flow  
Most of the time The doors are locked  
And that's only because of lack of faith and prayer  
It's no wonder they're poor and sad For without faith  
You're in a canoe without a paddle  
And without prayer  
You're in a canoe with a wholly bottom  
So be it as your prayer, sincere  
And do it as your faith permits  
By: Steve Burden



Shared from Facebook : **The Uncensored Nurse, Holistic approaches & entrepreneurship.**

**#TheBreakFreeProject, Amanda Wilcox:** I'm a nurse. I've been one for 13 years. It wasn't until about 5 years ago... I started asking these very questions. Nursing is the most trusted profession in America. And those of us who speak out against the agenda are REALLY looking out for your best interests.

**SOMEONE TELL ME WHY.. WHY DON'T DOCTORS TELL YOU TO TAKE MAGNESIUM INSTEAD OF STOOL SOFTENERS? (WHICH DEHYDRATES THE BOWEL) WHY DON'T DOCTORS TELL YOU TO CHANGE YOUR DIET WHEN YOU HAVE**

**HEART BURN AND INDIGESTION INSTEAD OF GIVING YOU PRILOSEC? (THIS CAUSES MORE HEARTBURN, COLON CANCER & OSTEOPOROSIS AND LEAVES FOOD FERMENTING IN YOUR BODY) WHY DON'T DOCTORS TELL YOU THAT HERBS AND CERTAIN FOODS CAN ALSO HEAL? 🌿 🌱**

**WHY DON'T DOCTORS TELL YOU TO LOWER TOXIC CHEMICALS IN YOUR HOME AND WHEN YOU HAVE CONSTANT HEADACHES AND ALLERGIES? (THESE FRAGRANCE & CHEMICALS CAUSE TOXIC BUILDUP IN OUR CELLS AND CAUSES MORE ALLERGIES AND HEADACHES) WHY AREN'T YOU INFORMED BY YOUR DOCTOR THAT IF YOU EAT A GRAPEFRUIT EVERYDAY, IT WILL**

**LOWER YOUR CHOLESTEROL NATURALLY AND YOU DON'T NEED 🍯 ? (THIS IS WHY A PERSON CAN'T EAT IT WHILE ON STATIN MEDS)**

**WHY DOESN'T YOUR DOCTOR TELL YOU TO TAKE ACTIVATED CHARCOAL FOR HEADACHES, BLOATING/GAS, SKIN ISSUES, COLDS, FOOD POISONING? (ACTIVATED CHARCOAL BONDS WASTE/TOXINS FOR THE REMOVAL FROM THE BODY) WHY DON'T DOCTORS TELL YOU ABOUT HERBS AND HERBAL TEAS TO SUPPORT IMMUNE AND DIGESTIVE FUNCTIONS? (DIFFERENT HERBS HELP DIFFERENT ORGANS DO THEIR JOBS TO KEEP THE BODY HEALTHY) WHY ISN'T YOUR DOCTOR SUGGESTING THAT YOU TAKE A PROBIOTIC DAILY? (THIS BOOST IMMUNE FUNCTION, HELPS CLEAN AND BALANCE THE BOWEL, HELPS REGULATE ABSORPTION AND ELIMINATION, KEEPS COLDS AND ALLERGIES AT BAY) WHY DON'T DOCTORS CREATE DIET/LIFESTYLE PLANS FOR PATIENTS INSTEAD OF OFFERING A PILL? (DIET & LIFESTYLE CHOICES ARE 90+% CAUSE OF ALL ILLNESS) WHY DON'T DOCTORS TELL YOU TO TAKE**

**SUPPLEMENTS TO BOOST YOUR HEALTH PRIOR TO BECOMING SICK AND THEN THEY RECOMMEND PILLS 🍯 (SUPPLEMENTS/HERBS/TINCTURES CAN PREVENT ILLNESS BY BOOSTING IMMUNE FUNCTION AND SUPPORTING ORGANS WITH THEIR NATURAL FUNCTIONS)? WHY DON'T DOCTORS TEACH YOU THAT YOUR EMOTIONS STORED IN YOUR PHYSICAL BODY CAN CAUSE YOU MENTAL**

**ANGUISH, INSTEAD THEY SAY YOU NEED MEDICATION 🍯 (EMOTIONS CAN PLAY A VERY SIGNIFICANT ROLE IN OUR TOTAL HEALTH, WITHOUT TOOLS TO HELP NAVIGATE OUR EMOTIONS WE CAN EASILY BECOME PHYSICALLY ILL)? WHY DON'T DOCTORS TAKE A REAL ROLE IN HELPING PEOPLE TO LIVE BETTER LIVES? WHY DO THEY SET UP THESE PROTOCOLS OF PILLS THAT MOST OF THEM WOULDN'T EVEN TAKE? WHY AREN'T WE BEING HELPED TO BE HEALTHY BEFORE WE GET SICK? THIS NEEDS TO CHANGE! HEALING IS REAL, AND POSSIBLE! WE JUST AREN'T GETTING THE RIGHT INFORMATION!!**

It was very interesting that Brenda posted on Facebook a health post which I believe is worth sharing in this month newsletter and at the same time a friend from Romania shared some more health information. Here is my take and my translation of this information.

There is a list of important medication that are not available in the pharmacy according to the professor Constantin Dulcan: Physical Exercise ... is medication. Early rise ... is medication. A balanced diet ... is medication. Laughter ... is medication.

A positive attitude... is medication. Sleep ... is medication. To meditate on Scripture (Scripture is added by me)... is medication. To love... is medication. To be loved...is medication. Thanksgiving ... is medication. Giving up on grudges and hate... is medication. To be surprised... is medication. Reading and feeding our soul with spiritual things... is medication.

Singing and dancing ... is medication. Hugs... are medication. Thinking positive and thinking correct... are medication.

To believe in and trust in God... is medication. Good friends... are medication. To be forgiven and forgive others... is medication. Sun bathing... is medication. The order of this medication list is random.

May God be with us and give us wisdom to use His freely given medication wisely.

Gabriela

# PASTOR'S CORNER

## The Incredible Life of Wisam Ali – Part 1

Four years ago, when I was in Israel, I had the opportunity to meet and get acquainted with Wisam Ali, founder and director of an amazing and very unlikely Adventist ministry called “Nazareth Life and Hope Center. The surprising thing about Wisam is that he was not born in a Christian home. Much on the contrary, he was born into a wealthy and powerful Muslim family in Nazareth. His father was a tribe leader, and when Wisam was five years old, his uncle Amman, as it was the custom, set him aside to be the next leader, which involved a series of phases of preparation—special schooling, learning the entire Koran by heart, the Sharia law, and martial arts. All aimed at making him a fearless and emotionless person. However, all this special upbringing, instead of bringing him fulfillment, only left him with a haunting feeling of emptiness deep inside. At age seven-



teen, he was brought before the tribe representatives to be given special responsibilities into his new role within the tribe and community but he said he didn't want it. And so, he decided to pack his bags and left home, traveling up and down the country.

He was able to get a job at a hotel helping a Chinese chef, learning from him humility and the ability to stay focused all the time. Then one day, a Russian mafia man came to the hotel and wanted to hire him as his body guard, to which he said no. The angry mafia man then told him he would not survive even next seven days of his life. One night some men came to him as walked home from work, their pointed guns at him and a lot of bullets flew around him and three of those bullets hit him, throwing him unconscious on the ground. Later when he regained consciousness, he found himself in an unfamiliar hotel room, he started to ask what had happened. He was told that a doctor found him on the street and brought him there after caring for his wounds, paid for six months of medical treatment and hotel charges and then left anonymously. As he healed, he sure was grateful for his life being spared, but was just as lost and discouraged in his search

for truth. He couldn't go home for fear of death, neither onto the streets for the same reason. It was about this time he remembered his sister who lived in Austria. He hadn't seen her in years, didn't even have her phone number, so he called home, knowing his mom's heart would be soft. She said, “your sister is looking for you, here's her number. Call her!” He promptly did that and his sister was quick to ask, “do you want to come to Austria?” Totally taken aback, he quickly answered “YES”! Having been directed by her to go straight to a language school in Vienna, she gave him directions how to get there, including which train to take and which station to get off at. When he got there, there was no one around, except one man just standing there, who called him by his name and gave him a big hug, first hug ever in his life! He arrived the language school during summer vacation and was assigned to work in the Garden. Only later did he realize that he was at Christian school. He thanked Allah that he could be a Muslim missionary to hundreds of Christians. He thought, “if I have anything to do with it, this school will soon become a Muslim school!” (to be continued)



*Clanton Seventh-day Adventist Church, 401 North 18th Street, Clanton, AL 35045*

**Pastor Robson DeOliveira—Pastor Montgomery First & Clanton Seventh-day Adventist Churches**  
Phone: 925-895-6630, email: [rdeoliveira@gscsdaa.org](mailto:rdeoliveira@gscsdaa.org)

**Associate Lay Pastor and Head Elder, Shawn Smith email: [ssmith@gscsda.org](mailto:ssmith@gscsda.org) Phone: 205-955-6506**

This page has info sent to me by different church members. Just thought you might benefit from our sharing!!!

### How to use the word Amen correctly.

The word "amen" is an affirmation of truth that can be traced back to the Old Testament and later found in the New Testament. Its first appearance in the Bible can be found in Numbers 5:22. In the Old Testament, the word "amen" is often followed by the words "may the Lord do so," indicating that it means "may it be so."

The word "amen" has its origins in Hebrew and was used as a response of confirmation in the early scriptures of the Bible. In Deuteronomy, it was used as an affirmative response made by the people. It wasn't until the Books of Chronicles that the word began to be used in its religious meaning, with people responding with "amen" to receiving blessings.

In the New Testament, the word "amen" is used in a variety of ways. It is often used as a statement of praise, concluding with an "amen" by the person expressing it or those present who hear it. Sometimes, it is used to concur with a prophecy or announcement made by another person. Additionally, in Isaiah 65:16, the Hebrew text refers to "the God of (the) Amen," which some translate to mean "the God of truth."

In conclusion, "amen" is a powerful word that has been used throughout history to express **affirmation and praise**.

The bride, white of hair, is stooped over her cane her faltering footsteps need guiding. While down the church aisle, with a toothless smile, the groom in a wheelchair comes riding. And who is this elderly couple you ask? You'll find, when you've closely explored it, That here is that rare, most conservative pair, Who waited 'til they could afford it .

This was shared by Kay Suddeth and my comments to her were, Oh, but all the wonderful memories they would have missed during that 50+ years that they were waiting until!!!!

I'm glad we got to go through the years together for "better or worse" and yes, worse times but so many good memories!!!

I hope each of your think back on your memories, Brenda

## THE PASTOR STOLE OUR SPOON!

A pastor had dinner at the home of a couple in his church. After he left, the wife said to the husband, "I think he stole our spoon!" This bothered her for a whole year.



A year later the couple had the pastor for dinner again. Unable to resist, the wife asked, "Did you steal our spoon last year?" The pastor replied, "No, I put it inside your Bible."



PEOPLE SAY, "I'M WORRIED ABOUT THE CHURCH."  
WHAT DO YOU MEAN?  
YOU ARE THE CHURCH.  
YOU MAKE THE CHURCH WHAT IT IS.

DAVID ASSCHERICK

**SPEAKER SCHEDULE: JUL - 29 - Brian Danese morning speaker and afternoon service, Aug: - 5 - Shawn Smith; 12 - Brian Danese for Sabbath Lesson Study School time, Church and afternoon sessions; 19 - Shawn Smith; 26 - Pastor DeOliveira**

A U G	1	Robbe Armistead	ONLY Birthdays this month!
	30	Bob Ernest	
	30	Steven Radford	

**July 29 & AUGUST 12: GOSPEL SERIES WITH PASTOR BRIAN DANESE!** A wonderful Revival & Evangelism opportunity for Clanton and surrounding areas will take place morning and afternoon on these two Sabbaths as our President shares the wonderful Gospel messages of salvation in Jesus Christ! More details, including materials for advertisement, both printed and digital, will be available shortly. Let's pray like never before for the Lord to touch our hearts and the hearts of every hungry and seeking soul in our area for a great time of revival and harvest!

**PICTURE DIRECTORY REQUEST:** A couple of us have agreed that we would like to have an updated Church Picture Directory... The easiest and most economical way to do this is for everyone to get someone to take a picture of you including your spouse or family. The last picture directory we have is from 2017 and we have (most of us, LOL) gotten older. The one previously that we had taken professionally was from 1986 when Selma and Clanton churches went together to get a photographer.. I just remember that it cost each of us a lot of money and time in 2017. We also didn't have the minimum number of individuals for their quota, so we had to have friends and family come to get enough for them to even come and take pictures.

**Now my proposal is:** What if every one that attends and those that are members that can't attend like they wish they could, get someone to snap a picture on their cellphone and send to me with their address, birthdate, phone number, email address and something about themselves that they would like to share including pictures that they like. A mini spotlight so we can get to know you. I could make the directories and have most of them digital which mean the cost would be way down except for those that wanted a hard copy. I have a "binder machine" so I could print out and bind for those that wanted to pay the at cost fee. What do you think of my brilliant idea? I think it would be a way to make us feel more like a family... I'm looking forward to hearing from each of you.

Roy Arnold Davis - 334--412-5723 BD: 11/28/1946 Anniversary Date: 09/07/1968

Brenda Marie Kohler Davis - 334-349-0983 BD: 07/21/1947

187 County Road 313, Stanton, AL 36790 - email: [bkddavis2010@hotmail.com](mailto:bkddavis2010@hotmail.com)

Something about us: Roy is retired and is my house husband, LOL, I definitely couldn't do what I do if he wasn't. I still enjoy working for the Cahaba Center for Mental Health in Selma as the Transportation Manager for 10 years after 32 before retirement (for almost 3 years to take care of my parents) being bookkeeper, payroll, accounts payable & receivable, Administrative Secretary. I am not a mechanic (but I've learned a lot about vehicles and how to take care of them) but I do relay the drivers complaints after I drive them to confirm the problem to the mechanic, making sure all 60 vehicles are inspected, preventive maintenance done in an ALDOT required time frame, ALDOT reports to the State and all of this part- time. I guess my husbands productivity includes helping me when I need to take a vehicle out of town for work, with projects for church where he edits the newsletters, helps with taking the attendance for church, folding the weekly church bulletins and just us working together to get things done.

This is an example of what your page could look like. We can use the space needed based on your information that you want to share with us..... Waiting for your email, text or give me the writeup and picture in person. Until next time, have a good month, Brenda



Picture taken from 7/27/2019 when Roy officially came back to church as a Profession of Faith member. My first cousin and his wife behind us came for the occasion and the Chrishon Family behind them. It was a very happy event as you can tell from the smile on my face. Isn't there a saying? The third times a charm!

## Cashew Roast

- 3 Tbs Olive or Avocado Oil
- 1 large Onion, finely chopped
- 3 stalks celery, finely chopped
- 3 cups finely ground roasted cashews
- 1 cup Soy milk
- 2 Tbs corn Starch
- 1 TBS McKay's vegan Beef seasoning
- 1 TBS Bragg's liquid aminos
- 1/2 tsp salt
- 1/2 cup vegenaïse
- 1 tsp onion powder 1/2 tsp garlic powder

Prepare a medium casserole dish by spraying with cook-spray.. Preheat oven to 350 degrees. Heat oil in a medium skillet, then sauté onions and celery until the onion is clear and the celery is tender. Pour into a large mixing bowl, add all other ingredients, and mix well. Pour mixture into the casserole dish and cover with foil. Prepare a shallow pan of water larger than the casserole dish. Carefully set Casserole into the pan of water and cook for 45 minutes, and if needed, add more water to the shallow pan throughout cook time.

I like to make a sauce of 1/2 cup catsup, 1/4 cup brown sugar and 1/4 cup water and pour over the casserole before baking.

A good side dish for it is green beans. Jeanne Bates always said she hated to cook but her green beans were so good and tasted homemade. She told me that she poured a can of Del Monte French cut green beans, juice and all into a pan with a tsp or so of olive oil and cooked them over medium high heat, stirring frequently until the juice was cooked out. It takes 20 to 30 minutes.

Kay Suddeth our #3

We have a website!! **UPDATED - Church Website:** <https://www.clantonsda.com/> Tony Plier has posted sermons, music & a lot of info, look under Newsletters to find this publication on line each month. Tony has also added a link at the bottom of every page for Adventistgiving. Thanks to those that do contribute, Until next month! ... Brenda



### Return Address:

**Brenda K Davis**  
187 County Rd 313  
Stanton, AL 36790



**To:** «AddressBlock»